

WISEWOMAN Health Coach

Department: Women's Cancer Program (WCP)

Supervisor: Program Director

Classification: Part-time, Non-Exempt

Be part of our mission.

YWCA Greater Lafayette is dedicated to eliminating racism, empowering women, and promoting peace, justice, freedom, and dignity for all. Our vision is to be the leading organization for women and their families, empowering them to meet their vital needs and succeed in life.

The mission of YWCA Women's Cancer Program (WCP) is to educate women in the 36-county region served about the importance of early cancer detection. WCP facilitates access to breast and cervical cancer screenings for low income, underserved, uninsured and underinsured women in Central Indiana. The program has expanded to offer screenings and services that promote healthy behaviors to reduce the risk for heart disease and stroke.

Position Overview

The WISEWOMAN Health Coach performs a variety of patient care services as directed by the registered nurse for the WISEWOMAN program. The WISEWOMAN program serves low-income, uninsured and underinsured women aged 40 to 64 years, with heart disease and stroke risk factor screenings and services that promote healthy behaviors to reduce the risk for heart disease and stroke. CDC provides funding to local WISEWOMAN programs to enable qualifying women to receive free screenings and counseling about their risk for heart disease and stroke. Women are then supported as they participate in evidence-based lifestyle programs, individual health coaching or are referred to other community resources. The services provided by each WISEWOMAN program vary, but all are designed to promote lifelong heart-healthy lifestyle changes.

Essential Functions

- The WISEWOMAN Health Coach will be responsible for:
- Scheduling appointments for qualifying women to be screened by WISEWOMAN Nurse Practitioner.
- Using a team-based care approach, which includes the patient and the patient's primary care provider, nurses, pharmacists, and community health workers, to provide care for patients.
- Providing coaching sessions to encourage participants to improve their diet and increase physical activity
- Referring smokers to tobacco cessation resources.
- Providing access to community-based physical activity options such as YMCA memberships and passes to local park and recreation services.
- Increasing the number of referrals into Healthy Behavior Support Systems in communities such as the National Diabetes Prevention Programs, Take Off Pounds Sensibly Club, Inc. (TOPS) and Eat Smart Move More groups.
- Ability to communicate and present educational topics to a group of participants.
- Attending monthly and quarterly meetings with the WISEWOMAN team over the phone or at the Indianapolis location.

- Preparing WISEWOMAN required paperwork for clients.
- Scanning WISEWOMAN documents.
- Keeping an excel file, tracking progress and reporting of statistics to Indiana State Department of Health.

Requirements and Qualifications

- Successful completion and certification of Brief Action Planning post hire.
- Continued education and training as directed by the Indiana State Department of Health.
- Ability to work independently on assigned responsibilities and manage stressful or crisis situations.
- Bilingual fluent in Spanish.
- Knowledge in nutrition and physical activity is preferred.

Pay/Benefits

Part-time position up to 20 hours per week. More hours may be available in the future. Rate of pay commensurate with experience.

To be considered, interested applicants should provide resume and cover letter by Wednesday, March 31, 2021, to Amber Thurman, Senior Director Women's Cancer Program at athurman@ywcalafayette.org.

A criminal conviction check is required for employment in this position. YWCA is an equal opportunity, affirmative action employer fully committed to achieving a diverse workforce.

WCP – WISEWOMAN Health Coach – 03.15.2021