



New Year, New Beginning!

In 2023, we will continue to advance justice through our shared mission, vision, and story. Since 1929 YWCA Greater Lafayette has been at the forefront of meeting the needs of the communities we serve. While the programs and services offered have changed over time, we remain dedicated to eliminating racism, empowering women and promoting peace, justice, freedom and dignity for all.

Each of our pillar programs collectively support our mission and meet the needs of the community. The shift from a recreational to a social service model allows us to foster purpose-driven programming that addresses safety from gender based violence, women's economic security, racial justice, and access to healthcare. We are committed to learning and growing together through the challenging moments to provide services and support that offer stability and self-sufficiency. **We are steadfast in our commitment to one YWCA, telling HER-story ... of resilience and breaking through barriers.**

Leaders are responsible for keeping our organizations strong. We are empowered with decision-making responsibility that will impact our organization's work long into the future. We are entrusted with ensuring that we are putting our core purpose and those who depend on us first. **We will invest in partnerships and collaborative opportunities with other changemakers that will allow us to respond to the moment and be proactive as we look to the future.**

As we embark on a new year, we welcome change as an opportunity to rise to meet the challenges amidst a global pandemic that has resulted in an increase in domestic violence, exposed inequities in access to healthcare, emphasized necessity for workforce development, and highlighted need for racial and social justice initiatives. Our work is more important than ever. **We will embrace bold initiatives that will allow us to drive our mission forward.** This includes reimagining our footprint, ensuring our community events are mission-aligned, and lifting up our life-saving work to safeguard our future for the next generation.

We cannot do this work alone and invite you to join us in our journey. We will continue to foster empowerment in action through our events, our collaborations, and our pillar programs that we extend to each of the communities we serve. As One YWCA we will boldly embrace change and invest in partnerships to continue to do our work until injustice is rooted out, until institutions are transformed, and until the world sees women, girls, and people of color the way we do. **Equal. Powerful. Unstoppable.**

Together, we are on a mission!

Lindsey Mickler

Lindsey Mickler
President and CEO
YWCA Greater Lafayette



2023 Salute To Women Nominations are Open

Join us on June 22 for the 49th Annual Salute To Women! This signature event has provided women who lead and serve Tippecanoe and surrounding counties with a place to be celebrated, their achievements applauded, and their tireless work recognized. We are currently accepting nominations for the 49th cohort - if you know an exceptional woman worthy of this award, please visit our [website](#) for information on how to nominate them! Deadline for nominations is April 3, 2023.

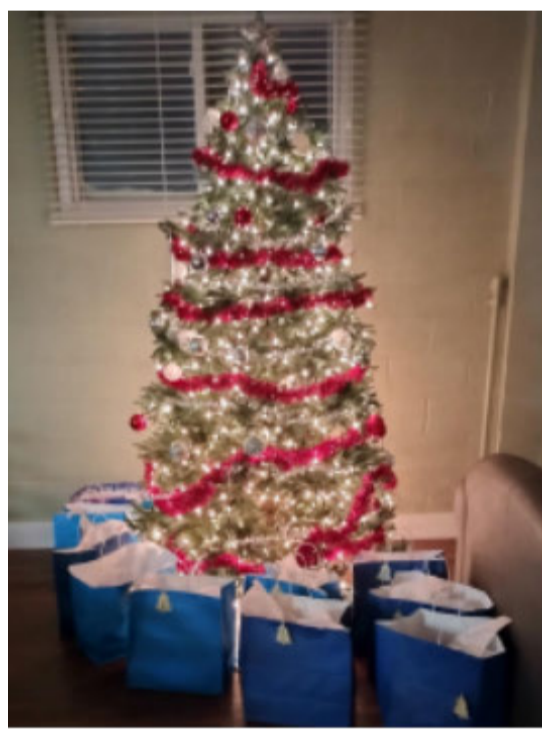


When one of our Domestic Violence clients succeeds, we all do. Your support of YWCA Greater Lafayette helps to ensure the future of the work we do. Stories like this are the reason we show up every day:

From Lori, Lead Case Advocate: A happy update from a survivor who was with us in shelter a few years ago with her littles: "Hey Lori, I just wanted to reach out & tell you that we are doing really good, the kids are growing so fast & we are so happy. Thank you & everyone else at shelter for everything you did for us. I hope you have a Merry Christmas!"

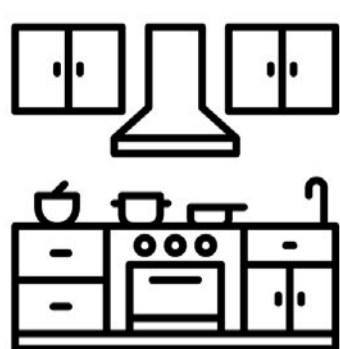
YWCA Around Town

Thanks to our generous volunteers and donors, our shelter residents had a very happy Christmas! Our Kris Kringle event allows residents to select toys and other gifts for their children and provides a little joy in an otherwise stressful time.



Volunteers from CAT helped with the Kris Kringle event.

Harrison Softball volunteers helped with setup.



SHARED KITCHEN SPOTLIGHT



Patty Williams - Live Your Fit Meals

Meet Patty Williams, owner of Live Your Fit Meals. Patty is a certified personal trainer and fitness nutrition specialist. Her love and passion is helping others reach their health and fitness goals.

"I haven't always been 'into' health and fitness," Patty says. "I used to look at exercise as something I did because I hated my body and the way it looked. As a young woman I felt I had to look a certain way. I fell in love with fitness and nutrition after I started to use

exercise and nutrition as something I did because I wanted to honor and nourish my body."

Patty now helps other people use exercise and nutrition in the same way. Live Your Fit makes eating healthily easy and delicious. Live Your Fit Meals are not just for people on a fitness journey — anyone can enjoy their delicious meals. Each of Live Your Fit's meals is weighed for accurate nutrition information and the meals are also preloaded into My Fitness Pal for easy tracking.

Live Your Fit recently opened a new storefront at 115 Farabee Drive North, Ste. B-2, in Lafayette. They have plenty of Live Your Fit Meals ready to grab and go! Patty also offers nutrition coaching and will soon offer one-on-one personal training in her studio.

Thank you, Patty, for being a Shared Kitchen client!

CURRENT ASSOCIATION AND SHELTER NEEDS

YWCA Greater Lafayette welcomes donations, and we accept a wide variety of items to help keep our buildings maintained and our programs and services impactful. Please visit the [Shelter and Association Needs](#) page for more information regarding donations and a current list of needs, or shop our [Amazon Wishlist!](#)

Urgent needs this month include:

- **Box fans**
- **Paper plates, bowls, cups, spoons, and forks**
- **Laundry soap (five gallon buckets preferred), softener, and dryer sheets**
- **New and unopened feminine hygiene pads (no tampons or liners)**
- **Coats (all sizes)**
- **Uber gift cards**
- **Gloves**
- **Trash bags (small and large)**

Upcoming Events

April - Stand Against Racism - Info To Come
[June - Salute to Women](#)

YWCA Greater Lafayette is on a mission! For almost a century we have been the leader in serving the needs of women in our community as we work to eliminate racism and empower women. Your gift will help support ongoing programs focused on protecting and promoting dignity, peace, justice, and freedom for women and families within the Greater Lafayette community and throughout Indiana's central region. We simply could not do this important work without you! Give today and change tomorrow!

[Make a Donation](#)

